



Irish Spiritans



DES PLACES
EDUCATIONAL
ASSOCIATION

Lenten Prayers

Lenten Prayers

Lent

Lord, stay close on this our
Lenten journey.

Help us as we prepare to meet
you at the foot of the cross.

Forgive us as we ask for your
forgiveness,
and, through our fasting,
let our hearts break open to the
great hunger and injustices of
this world.

Good Friday

Blessed and broken,
for us.

Blood poured and shared,
for us.

Humiliated and crushed,
for us.

Death on a cross,
for us.

Jesus the Christ,

for us.

Eternal hope and promise,
for us.

Easter

Sing Alleluia, Christ has risen.
Sing Alleluia, a new day has
dawned.

Sing Alleluia, embraced by
hope.

Sing Alleluia, eternal life.

ANGELS

Ten strikingly beautiful angel
sculptures line the Bridge of
Angels in Rome. Each angel
holds a symbol of Christ's
suffering and death.

As you watch this prayerful meditation
on the Passion, reflect on what Jesus
means to you.

[http://www.beliefnet.com/features/brid
geofangels/bridgefinal_lent_high.html](http://www.beliefnet.com/features/brid
geofangels/bridgefinal_lent_high.html)

